



## U6 Instructional Rules

1. Games are four (4) - ten(10) minute quarters with a three (3) minute half time. There will be a one (1) minute break between each quarter.
2. Games will be played using a size 3 soccer ball.
3. No hard casts will be permitted. Casts must be padded and inspected by the coach before the player is allowed to play.
4. No slide tackling under any circumstances.
5. All cleats must be molded rubber and cannot have a toe cleat.
6. Each team will play with a maximum of 8 players on the field.
7. There are no referees during the games. The coaches will keep the time and make all calls. **Coaches are there to instruct their own players and may not speak to the other team players except to compliment them.**
8. Two coaches from each team may be on the field during the game, one up and one back.
9. Coaches may explain to the players what they did wrong and what they should have done during the course of the game when infractions occur.
10. There are no penalty kicks. You may stop play for tripping or other fouls and take a direct kick from a reasonable distance away from the goal. It's U6, so be kind.
11. You may take corner kicks and goal kicks, but throw-ins can be used instead.
12. All players must wear their team's uniform for every game. Coaches will inspect their players before each game to insure that shoes are tied and shin-guards are being properly worn beneath the socks and shirts are tucked into the shorts.
13. Children are required to wear mouthpieces and shin guards.
14. Teams may switch sides at halftime.
15. Games may end in a tie.

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